



2026 NORTHERN TV AND FILM GALA

LIVERPOOL

FILM

OFFICE



WELCOME

Liverpool Film Office warmly welcomes you to the **2026 Northern TV and Film Gala**.

Film and television in our region are built on the talent, commitment and collaboration of the crew who bring productions to life. As an organisation dedicated to growing and sustaining the local screen industry, Liverpool Film Office recognises that its strength depends on the people behind the camera. This evening brings our northern industry together to celebrate our workforce, raise vital funds for and increase awareness of **The Film and TV Charity**, whose work helps crew navigate the unique challenges of working in the screen industries. We are thrilled you can join for a night of celebration and support, coming together to recognise the role our crew play in shaping the future of the industry in the North.

In November 2023, Liverpool Film Office supported Sophie Pinch in hosting the first Northern TV and Film Gala, an event dedicated to raising awareness for mental health within the industry. The gala was a tremendous success, bringing together industry professionals from across the North to begin important conversations about the mental health challenges faced by cast and crew.

Now a member of Liverpool Film Office, Sophie Pinch, along with the rest of the LFO team are building on that initial success this year. Through hosting tonight's event the aim is to further elevate the Film and TV Charity's profile within the industry and engage an even wider audience in the ongoing conversation around supporting crew's mental health.



"I've always been passionate about helping people and making individuals feel safe in their work environment, and that's what I'm hoping we can do with this event. The Film and TV Charity are making amazing steps in helping the crew members across the North and I really hope we can elevate that tonight and hopefully change some people's perceptions of mental health."

- **Sophie Pinch | Liverpool Film Office**



Founded in 1924, **The Film and TV Charity** has spent over a century supporting the people working behind the scenes in the UK's film, TV, and cinema industry. Throughout its history, the charity has continually evolved to meet the sector's changing needs while staying true to its mission of helping professionals overcome personal and professional challenges.

Today, its free 24/7 Support Line offers counselling, legal and financial advice, while major initiatives like the **Looking Glass Survey** and the **Whole Picture Programme** lead the way in tackling the industry's mental health crisis and promoting healthier, more respectful workplaces. In recent years, services such as the **Bullying Advice Service** and programmes like **Reel Impact** have helped create safer, fairer, more equitable conditions for underrepresented talent.



This work has never been more vital: in the last five years, the industry has been shaken by devastating losses, with several freelancers tragically lost to suicide, highlighting the ongoing pressures of mental health struggles, financial instability, and the demands of freelance life.

A hundred years on, the Film and TV Charity continues to support thousands of workers across all roles, partnering with organisations across the sector to ensure everyone behind the scenes feels valued, respected, and able to thrive - and with your support tonight, it will continue driving positive change for the next century.





The Looking Glass Survey

The Film & TV Charity carried out the annual Looking Glass Survey in 2024, and over 4,000 film, TV and cinema workers completed the survey. The statistics below show the importance of the event and the need for the integral work the charity continues to do.

THE FINDINGS



35%
of respondents described their mental health as 'poor' or 'very poor'

Only 12%
feel the industry is a mentally healthy place to work.



30%
had thoughts about taking their own life over the past 12 months.

An Increase from 2022
from 24%



Supporting wellbeing behind the scenes

For over 100 years, the Film and TV Charity has been a lifeline for people working across the UK's film, TV, and cinema industry. From mental health support and emergency grants to bullying advice and free legal guidance, we're here for freelancers and permanent staff alike.



Our mission is simple: to make sure no-one working behind the scenes in our industry feels unsupported or isolated.

Need support?



Our **24/7 Support Line** on [0800 054 0000](tel:08000540000) is available for immediate help, and to access our range of services, including free counselling.



We also provide **Stop-Gap Grants** for urgent costs like rent or bills, along with financial guidance.



If you've experienced or witnessed bullying, our confidential **Bullying Advice Service** offers one-to-one support and practical steps.



You can also find **legal advice**, wellbeing tools, events, blogs, community opportunities, and more on our website.

Driving positive change



We're also working with industry leaders to create a fairer, healthier working culture.

This year, we're launching the next phase of the Whole Picture Toolkit for mentally healthy productions, working with partners including the BBC, ITV, UKTV, and Warner Bros. Discovery.

To find out more about the Toolkit, visit our website today.

How to support your industry



Demand for our services has never been greater, and every donation makes a difference - today and for the future. Whether it's a one-off donation or a regular gift, you can make difference to thousands of behind the scenes workers today.

Your organisation can also partner with us by becoming an Industry Friend, Principal Partner, or by making us your Charity of the Year.



Find support and get involved by visiting

www.filmtvcharity.org.uk

and follow us on social media to stay connected.

OUR IMPACT



Over the past five years we have:

Generated
£150M
into the local
economy

Created over
5,400
FTE equivalent
jobs

Facilitated
1,600+
productions

Become the
most filmed
city in the UK
outside of London

Read our full
Impact Report



LIVERPOOL
OFFICE FILM

THE DEPOT

Two purpose-built 20,000 ft²
stages in the heart of Liverpool



Since construction in
2019 The Depot has:

Generated
£29.1M
GVA into
local economy

Supported
772
direct + indirect
FTE jobs

Achieved
BAFTA
albert Studio
Sustainability Standard

LCR PRODUCTION FUND

Investment into major productions
in the LCR including *This City is
Ours*, *Time* and *Help*, has achieved:

£24.5M
in direct local
spend

56
trainees supported in
paid placements

860+
indirect FTE jobs
created

60+
award nominations
for funded projects





**SCREEN
ALLIANCE
NORTH**

FREE MENTAL HEALTH TRAINING

Screen Alliance North is a BFI Skills Cluster, created by Liverpool Film Office, North East Screen, Screen Manchester and Screen Yorkshire with support from BFI, awarding National Lottery funding.

We are delighted to be working with the Film and TV Charity to offer **FREE Accredited Mental Health Training** for HOD's working in the North of England.

We have 24 places available, please contact info@screenalliancenorth.co.uk to register your interest before Monday the 2nd March 2026.

www.screenalliancenorth.co.uk





SUNBELT RENTALS ARE PROUD TO SUPPORT THE NORTHERN TV & FILM GALA.

The Gala is a fantastic chance for the industry to come together, celebrate creativity, and connect with colleagues. Even more importantly, it plays a role in supporting mental health within the industry. By raising awareness and funds for the Film and TV Charity, the Gala helps ensure vital support is available to crew members when they need it most.

Beyond the gala, we are proud to provide the equipment, expertise, and services that help local productions thrive. From cameras, lighting, and grip to powered access and sustainable solutions, we're here to support the industry at every stage, to keep shoots running smoothly and safely.

Equipment that tells your story.

Dunnings Bridge Rd
Liverpool L30 6TA

1 Northbank Industrial Estate
Omega Drive
Irlam, Manchester
M44 5BD

0161 511 8131

filmandtv@sunbeltrentals.co.uk



Scan to visit
our website.

THIS IS A SIGN...

*to look after your
mental health*

At Chasing the Stigma, we exist to turn **pain into purpose, silence into support, and stigma into understanding**. We're here so that no one ever has to feel alone, ashamed, or without hope.

UK's largest mental health directory

Connecting over 300,000 people per year to more than 14,500 mental health services in the UK with our Hub of Hope

Life saving mental health training

Accessible training on how to talk about mental health, how to signpost & deal with a mental health crisis with our Ambassador of Hope mental health training



Find out more!

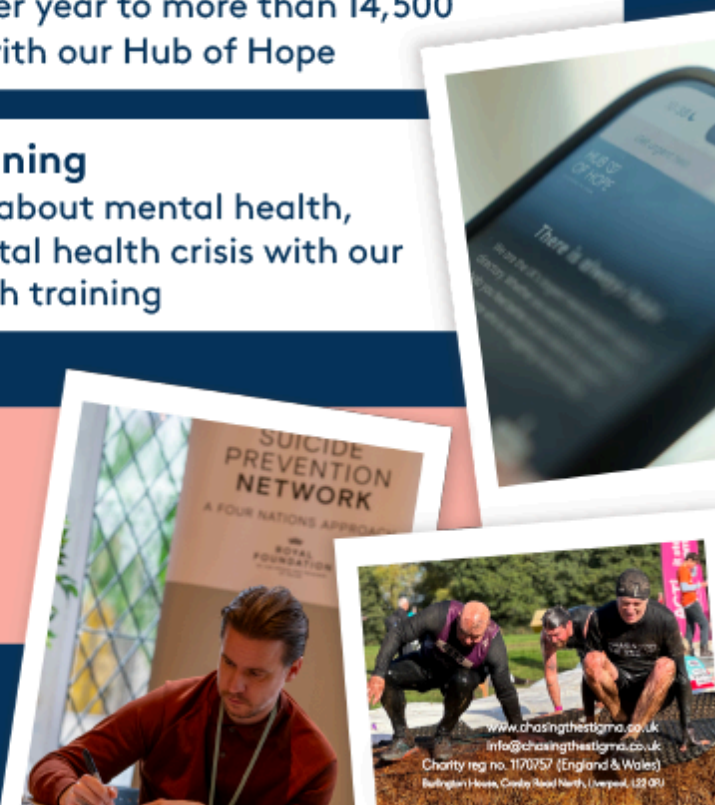
visit www.hubofhope.co.uk
or download for **FREE**



CHASING THE STIGMA



Registered with
**FUNDRAISING
REGULATOR**



www.chasingthestigma.co.uk
info@chasingthestigma.co.uk
Charity reg no. 1170757 (England & Wales)
Bullington House, Chisley Road North, Liverpool, L23 0JH

MANAGING PEOPLE IS HARD. WE MAKE IT EASIER.



Work Wise for Screen is the only free resource of its type that is lawyer-led and quality checked, helping you protect, support and empower your screen industry workforce.

Free tools, templates and guidance - we translate complex rules into plain English, taking into account the way your world actually works. Created specifically for the screen sector, everything on the platform offers a practical way to build positive, productive workplaces that last.

Our resources are for anyone who leads a team or manages people, across all the screen industries – TV, film, animation, VFX, games, or film distribution and exhibition. If you're a production manager, you work in HR, or you run your own screen business, this platform is for you.

Visit: workwiseforscreen.org.uk

**Keith Arrowsmith,
Programme Director of
WorkWise for Screen and
solicitor says:**

"The screen industries are fast-moving, high-pressure environments, often built on short contracts and constantly changing teams. That reality can take a toll on people's mental health. WorkWise for Screen helps support those leading and managing others to create safer, healthier working cultures. By translating complex legal and people-management responsibilities into clear, practical guidance, we help screen businesses protect their workforce, reduce risk, and put wellbeing at the heart of how they operate. When leaders feel confident and supported, they are better equipped to support everyone they work with."

WORKWISE FOR SCREEN

Supported by



Signposting

NHS 111

For urgent advice and support.

Tel: 111*

Website: 111.nhs.uk

*Lines open 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

Mind

For mental health information

Tel: 0300 123 3393*

Website: mind.org.uk

*Lines open 9am to 6pm, Monday to Friday (except bank holidays). Calls charged at the standard rates.

In a medical emergency dial 999.

Self harm

Alumina

Free online self harm course for 14-19 year olds.

Website: www.selfharm.co.uk

Harmless

Email: info@harmless.org.uk

Website: www.harmless.org.uk

NSHN

Website: www.nshn.co.uk

Self Injury Support

For women of any age or any background.

Email: tessmail@selfinjurysupport.org.uk

Tel: 0808 800 8088*

Website: www.selfinjurysupport.org.uk

*Line open 7pm-9.30pm, Tues and Thurs.

General mental health information

Rethink Advice and Info Service

Tel: 0808 800 8088

Samaritans

For 24 hour support.

Tel: 116 123

Website: <https://www.samaritans.org/>

The Film and TV Charity

Offer helpful services to everyone working behind the scenes in the film and TV industry.

Tel: 020 7437 6567

Website: <https://filmtvcharity.org.uk/>

The Life Rooms

Tel: 0151 478 6556

Website: <https://www.liferooms.org/>

Talking Therapies

Tel: 0151 228 2300

Website: <https://www.mersecare.nhs.uk/our-services/liverpool/talking-therapies>

Suicide

CALM

Tel: 00800 585858 (5pm-12am, 7 days a week)

Website: www.thecalmzone.net

Papyrus

Tel: 0800 068 4141 (9am-12am, 7 days a week)

Email: pat@papyrus-uk.org

Crisis and emotional support

For urgent advice and support.

Tel: 0300 304 7000*

Website: www.sane.org.uk

*Lines open 4.30pm- 10.30pm, 7 days a week.

Depression

Association for Postnatal Illness

Tel: 0207 386 0868 (10am-2pm, Mon- Fri)

Email: info@apni.org

Website: www.apni.org

Bipolar UK

Email: info@bipolaruk.org

Website: www.bipolar.org

PANDAS Foundation

Tel: 0808 1961 776 (11am- 10pm, 7 days a week)

Email: info@pandasfoundation.org.uk

Website: www.pandasfoundation.org.uk

Signposting

Anxiety

Anxiety UK

Tel: 03444 775 774 (9.30am-5.30pm, Mon-Fri)

Text: 07537 416 905

Email: support@anxietyuk.org.uk

No Panic

Tel: 0300 772 9844 (10am- 10pm, 7 days a week)

Youth Tel: 0330 606 1174 (3pm-6pm, Mon-Wed & Fri, 3pm-8pm Thurs, 6pm-8pm Sat)

24h crisis line: 01952 680 835

Email: admin@nopanic.org.uk

Website: www.nopanic.org.uk

OCD Action

Tel: 0300 636 5478

Email: support@ocdaction.org.uk

OCD UK

Tel: 01332 588 112

Email: support@ocduk.org

Website: www.ocduk.org

Triumph Over Phobia

Tel: 01225 571 740

Email: info@topuk.org

Bereavement

Bereavement Advice Centre

Tel: 0800 63409494 (9am-5pm, Mon- Fri)

Website: www.bereavementadvice.org

Cruse Bereavement Care

Tel: 0808 808 1677

Email: helpline@cruse.org.uk

Website: www.cruse.org.uk

Survivors of Bereavement by Suicide

Tel: 0300 111 5065 (9am-9pm, 7 days a week)

Email: email.support@uksobs.org

Website: www.uk-sobs.com

Substance misuse and addiction

Alcoholics Anonymous

Tel: 0800 9177 650

Email: help@aamail.org

Website: www.alcoholics-anonymous.org.uk

Alcohol Change UK

Tel: 020 3907 8480

Email: contact@alcoholchange.org.uk

Website: www.alcoholchange.org.uk

Cocaine Anonymous

Tel: 0800 612 0225

Email: helpline@cauk.org.uk

Website: www.cauk.org.uk

Drug Science

Email: info@drugscience.org.uk

Website: www.drugscience.org.uk

Gamblers Anonymous

Tel: 0330 094 0322

Email: info@gamblersanonymous.org.uk

Website: www.gamblersanonymous.org.uk

Talk to Frank

Tel: 0300 123 6600

Text: 8211

Email: frank@talktofrank.com

Website: www.talktofrank.com

UK SMART Recovery

Website: www.smartrecovery.org.uk

WithYou

Website: www.wearewithyou.org.uk

Eating Disorders

Beat

Over 18's Tel: 0808 801 0677 (9am-8pm Mon-Fri, 4pm-8pm Sat-Sun)

Email: help@beateatingdisorders.org.uk

Student Tel: 0808 801 0811 (9am-8pm Mon-Fri, 4pm-8pm Sat-Sun)

Email: studentline@beateatingdisorders.org.uk

Website: www.beateatingdisorders.org.uk

Training Courses



The Film and TV Charity

Training for managers and individuals in film and TV to help create better working environments and effectively support the mental health of colleagues.

[Mental health training for film and TV...](#) | [The Film and TV Charity](#)



St. John Ambulance

These courses help learners to spot the signs of ill mental health and how to respond to a person experiencing a mental health episode.

[Mental Health First Aid Training Courses](#) | [St John Ambulance](#) | [St John Ambulance](#)



Chasing the Stigma

Training to build confidence in asking for mental health support, recognising the signs of mental illness, and how to support others in stressful everyday situations.

[AoH Brochure](#)



6ft from the Spotlight

Offers a variety of training packages designed to prioritise the mental health of crew and management, through challenges within their working life.

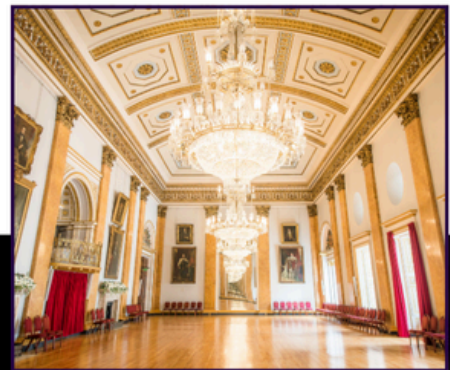
[Training - 6ft From The Spotlight](#)



Solas Mind

Offers OFQUAL- certified training delivered by experts specific to the film and TV sector. The courses provided can also be customised to your needs.

[Solas Mind](#) | [Mental Health first-aid](#)



LIVERPOOL CITY HALLS

Together with St. George's Hall and Croxteth Hall, Liverpool Town Hall- owned and managed by Liverpool City Council- has already played host to many iconic moments, from Peaky Blinders and The Crown to Sherlock Holmes and Florence Foster Jenkins. Today, its elegance, atmosphere and historical gravitas continues to make it a standout venue, in a setting with history, in a location with built-in cinematic magic.

"Our fabulous Town Hall has been privileged to welcome so many productions through its doors, so hosting this important event is our way of giving something back to the industry that brings so much creativity, energy and economic impact to our city. As a civic building, the Town Hall stands for community, care and connection, and we're committed to supporting mental health and proud to host the people who make Liverpool's screen sector thrive."

| Angie Redhead | Head of City Halls, Culture Liverpool



CROXTETH
HALL



LIVERPOOL
TOWN HALL



ST GEORGE'S
HALL



liverpoolcityhalls.co.uk

angelica rose

FLORAL DESIGN



North West-based floral studio specialising in bespoke florals for screen. With a background in film and television set design, we bring creativity and meticulous attention to detail to every arrangement, crafting florals that enhance storytelling and elevate each scene.



We are proud & honoured to be contributing to such a meaningful event, raising funds & awareness around Mental Health for the Film & TV Charity.

AS SEEN ON
itv **BBC** **NETFLIX**

SCREEN MANCHESTER

Screen Manchester is Manchester's Film Office and delivers a comprehensive support service for all types of production seeking permission to film on location within Manchester. Their experienced team have worked on a range of high end TV, feature film and commercial productions and will provide a detailed service which includes; location finding, permissions and liaison, road closures and traffic management clearance and links to sourcing local crew and facilities.

2026 NORTHERN TV AND FILM GALA SPONSORS

Screen Manchester:

screenmanchester.com

Lime Pictures:

www.limepictures.com
www.l16studios.com

Translux:

www.translux.com



Lime Pictures is a multi-award-winning independent production company with more than 30 years' experience producing content for global audiences. Lime is at the forefront of some of today's most popular entertainment.

L16 Studios (as part of Lime Pictures) is built for every stage of your production: with 1991 Sqft² Studio Space; production offices; post production suites; film locations; costume; makeup; green rooms; onsite catering; prop store; digital content team and much more....

At L16 you can shoot, cut and create your film project all under one roof.

TRANSLUX

For the past 39 years Translux's primary objective has remained consistent – to provide their clients with the finest quality of facilities trailers and technical trucks along with the highest level of service possible, without compromising on their responsibility to operate with integrity and due care.



Liverpool Film Construction builds practical sets and scenic effects for film and TV, drawing on a strong creative background alongside technical expertise.

The company support the industry through sustainable practices, fair local employment, and work across both major features and independent productions.

2026 NORTHERN TV AND FILM GALA

SPONSORS

Liverpool Film Construction:

[LiverpoolFilmConstruction](http://LiverpoolFilmConstruction.com)

2 Valleys:

www.2valleys.co.uk

Helloh Film & TV:

[Helloh.Ltd.](http://Helloh.Ltd)



2Valleys is a dependable and adaptable location landscaping and support partner. They specialise in a bespoke full-service solution to your TV and Film production needs. Their team is made up of dynamic and innovative problem solvers, here to ensure your production keeps rolling no matter how challenging the brief may be - indoor or outdoor.



For over 25 years, HELLOH Construction has been at the forefront of designing and building bespoke sets for film and television drama. Founded by Liam O'Hara, the company has grown into a trusted industry leader known for its craftsmanship, efficiency, and innovation.



AVANTI WEST COAST

"The West Coast Main Line is the backbone of the UK's railway, enabling us to connect millions of people with opportunities, support local businesses and make a positive impact in communities, while fostering the innovative environmental practices needed to look after tomorrow."

2026 NORTHERN TV AND
FILM GALA

SPONSORS

Avanti West Coast:

www.avantiwestcoast.co.uk

Malmaison:

www.malmaison.com

The Municipal:

www.municipalhotelliverpool.com



Malmaison

At Malmaison Liverpool, their commitment to delivering top-notch service and first-class facilities shines through.

Embark on your Liverpool adventure with Malmaison Liverpool today, and experience all that this fantastic city has to offer.

THE
MUNICIPAL

HOTEL & SPA

MGALLERY LIVERPOOL

"Situated in the heart of Liverpool, the UK's only MGallery hotel is perfectly located for city discovery with iconic landmarks and attractions, including Tate Liverpool and the Royal Albert Dock, conveniently nearby. Come and experience the city in luxury."



LIVERPOOL

OFFICE

FILM

THANK YOU!

Email: Film.Office@liverpool.gov.uk

Tel: 0151 233 0178

Website:

